



Race Timetable						
Race Number	Time	Event	Lane			
			5	6	7	8
1	09:00	JW1x (B)	WAL	ENG	IRE	SCO
2	09:08	JM1x (B)	SCO	WAL	ENG	IRE
3	09:16	JW1x (A)	SCO	ENG	IRE	WAL
4	09:24	JM1x (A)	ENG	WAL	SCO	IRE
5	09:32	W Lwt 1X	ENG	SCO	IRE	WAL
6	09:40	M Lwt 1X	SCO	WAL	IRE	ENG
7	09:48	W1x	ENG	IRE	WAL	SCO
8	09:56	M1x	IRE	ENG	SCO	WAL
9	10:04	JW2x	SCO	WAL	IRE	ENG
10	10:12	JM2x	IRE	SCO	WAL	ENG
11	10:20	W2x	WAL	IRE	ENG	SCO
12	10:28	M2x	ENG	WAL	SCO	IRE
13	10:36	PR1/2 M		IRPR2	IRPR1	SCPR1
14	10:46	PR1/2 W		ENPR2	WALPR1	N/A
15	10:56	PR3 M		IRE		
16	11:06	PR3 W		ENG	WAL	
BREAK						
17	11:25	JW4+	SCO	WAL	IRE	ENG
18	11:33	JM4+	WAL	ENG	SCO	IRE
19	11:41	W4+	SCO	ENG	WAL	IRE
20	11:49	M4+	IRE	ENG	WAL	SCO
21	11:57	JW4-	ENG	WAL	IRE	SCO
22	12:05	JM4-	ENG	IRE	SCO	WAL
23	12:13	W4-	IRE	WAL	ENG	SCO
24	12:21	M4-	SCO	WAL	IRE	ENG
25	12:29	JW2-	ENG	IRE	SCO	WAL
26	12:37	JM2-	SCO	ENG	IRE	WAL
27	12:45	W2-	WAL	IRE	SCO	ENG
28	12:53	M2-	WAL	IRE	ENG	SCO
BREAK						
29	13:30	JW4x	IRE	SCO	ENG	WAL
30	13:35	JM4x	ENG	WAL	SCO	IRE
31	13:40	W4x	IRE	SCO	ENG	WAL
32	13:45	M4x	WAL	IRE	SCO	ENG
33	13:50	JW8+	SCO	IRE	ENG	WAL
34	13:55	JM8+	IRE	ENG	WAL	SCO
35	14:00	W8+	IRE	SCO	ENG	WAL
36	14:05	M8+	ENG	SCO	IRE	WAL
BREAK						
37	14:30	PR1/2 M		IRPR2	SCPR2	IRPR1
38	14:38	PR1/2 W		ENPR2	WALPR1	
39	14:46	PR3 M		IRE		
40	14:54	PR3 W		ENG	WAL	
41	15:00	JW4x	IRE	SCO	ENG	WAL
42	15:05	JM4x	WAL	ENG	IRE	SCO
43	15:10	W4x	WAL	IRE	ENG	SCO
44	15:15	M4x	ENG	SCO	IRE	WAL
45	15:20	JW8+	ENG	SCO	IRE	WAL
46	15:25	JM8+	ENG	WAL	SCO	IRE
47	15:30	W8+	SCO	WAL	IRE	ENG
48	15:35	M8+	IRE	ENG	WAL	SCO
END OF RACING						
Note: RACE 1 -36 will take place over 2000m RACE 37 - 48 will take place over 500m						
TEAM CHALLENGE TROPHIES WILL BE PRESENTED AT 15:45						

